## National Adopt A Shelter Dog Month

October is Adopt a Shelter Dog Month. ASPCA (American Society for the Prevention of Cruelty to Animals) sponsors this event to promote the adoption of dogs from local shelters.

According to the ASPCA, approximately 3.3 million dogs enter shelters every year. When these abandoned and often abused animals find their way to a shelter, each one needs a forever home and their potential is limitless. Some of the benefits of adoption are often hidden. Human and caine both enjoy increased activity and social interaction through daily walks. Humans develop patience as they learn the ways of their new four-legged companion. Dogs explore the many scents of the human lifestyle, usually discovering shoes are off limits.

No matter the breed, size or demeanor of the human, er, canine, the shelter will take the time to find the right home for their animals. They schedule visits and have procedures in place to promote healthy adoptions for families and individuals. While some dogs have experienced injury or illness, the shelters work with veterinarians to heal the animals before making them available for adoption.

Of course, donations and volunteers are always welcome. Dogs love to be walked, played with and loved even if they haven't found their forever home. Every moment they spend socializing increases their opportunity for adoption.

## October 2020 Breakfast Menu

**AFUHSD** 

			Thursday October 1	Friday October 2
			WG Chocolate Chip Cookies (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Pop-Tart or WG Cereal Fresh or Dried Fruit 100% Fruit Juice Milk
Monday October 5	Tuesday October 6	Wednesday October 7	Thursday October 8	Friday October 9
Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
Monday October 12	Tuesday October 13	Wednesday October 14	Thursday October 15	Friday October 16
WG Powder Donuts Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookies (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Muffin Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookie (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Pop-Tart or WG Cereal Fresh or Dried Fruit 100% Fruit Juice Milk
Monday October 19	Tuesday October 20	Wednesday October 21	Thursday October 22	Friday October 23
WG Chocolate Donuts Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookies (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Muffin Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookie (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Pop-Tart or WG Cereal Fresh or Dried Fruit 100% Fruit Juice Milk
Monday October 26	Tuesday October 27	Wednesday October 28	Thursday October 29	Friday October 30
WG Powder Donuts Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookies (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Muffin Fresh or Dried Fruit 100% Fruit Juice Milk	WG Chocolate Chip Cookies (2 each) Fresh or Dried Fruit 100% Fruit Juice Milk	WG Pop-Tart or WG Cereal Fresh or Dried Fruit 100% Fruit Juice Milk

## October

- National American Cheese Month
- National Bat Appreciation Month
- National Down Syndrome Awareness Month
- National Halloween Safety Month

Menu subject to change without notice

This institution is an equal opportunity provider and em-